

# Elementary

ENGAGE IN EVERYDAY MOMENTS TOGETHER



## Morning Time

As your kid starts their day, tell them about a time when they made a wise decision and exercised self-control before acting.



## Meal Time

At a meal this week, have everyone answer this question: "Describe a time you thought before you acted. What was the situation and how did that affect what you decided to do?"



## Drive Time

While on the go, ask your kid: "What is the craziest thing you've seen someone do lately—either in person or online?"



## Bed Time

Pray for each other: "Jesus, help us to think about our actions and how they may affect us and others—both in good ways and in bad ways."

More Ways to Engage with Your Kid



Faith & Character Activities

Worship Song of the Month



Download the Parent Cue app

AVAILABLE FOR APPLE AND ANDROID DEVICES



OCTOBER  
WEEK THREE

# Elementary



## Game Show: The choice is yours

Self-control is choosing to do what's best even when you don't want to.



### Talk About the Bible Story

Open the Bible together and read 1 Samuel 24 or watch the video together on the Parent Cue app.

### Engagement Questions

- Have you ever acted first and thought about it later? What happened?
- When have you had self-control?
- What can you do when you need to stop and think before you act?

### Faith and Character Activity

Scan the QR code below for activities to guide kids at every phase to trust Jesus in a way that changes how they see God, themselves, and the rest of the world.



Scan the QR code to get started

### Prayer

"God, thank You for sending us Your Holy Spirit to be our Helper. Because of Your power and strength, we know we can think before we act. No matter what we face this week, remind us of the opportunity we have to be more like Jesus. Thank You for wanting to use us to show the world Your kindness and strength. We love You, and we pray these things in Jesus' name. Amen."

### MEMORY VERSE

God's power has given us everything we need to lead a godly life.  
2 Peter 1:3a, NIV



PARENT CUE

Weekly Parent Cues

# Self-control is choosing to do what's best even when you don't want to.

Read: Proverbs 13:6

DAY

1

## Think Then Act

Play a game of Simon Says. Listen carefully to Simon and try and stay in the longest! Make sure you think before you act to stay in the game.

**LOOK** for ways that you can pause and think before you act.



DAY

2

## Would You Rather

Play a game of Would You Rather. Use the scenarios below to play.

Would you rather ...

1. Eat half a donut now or eat the whole thing later?
2. Swing on the swings for five minutes or wait and go to the park for an hour?
3. Get one piece of candy at lunch or go out for ice cream after dinner?

**KNOW** that having self-control helps us in life.

DAY

3

## Doing Right

In the story of David and Saul from this week, we learned that David had a chance to end Saul's life, but instead showed self-control. You always have a choice to do the right thing. It may not be the easy choice, but doing the right things helps us continue doing what's right the next time as well.

**ASK** God to help guard your words and actions to do the right thing.



DAY

4

## Pray Before You Act

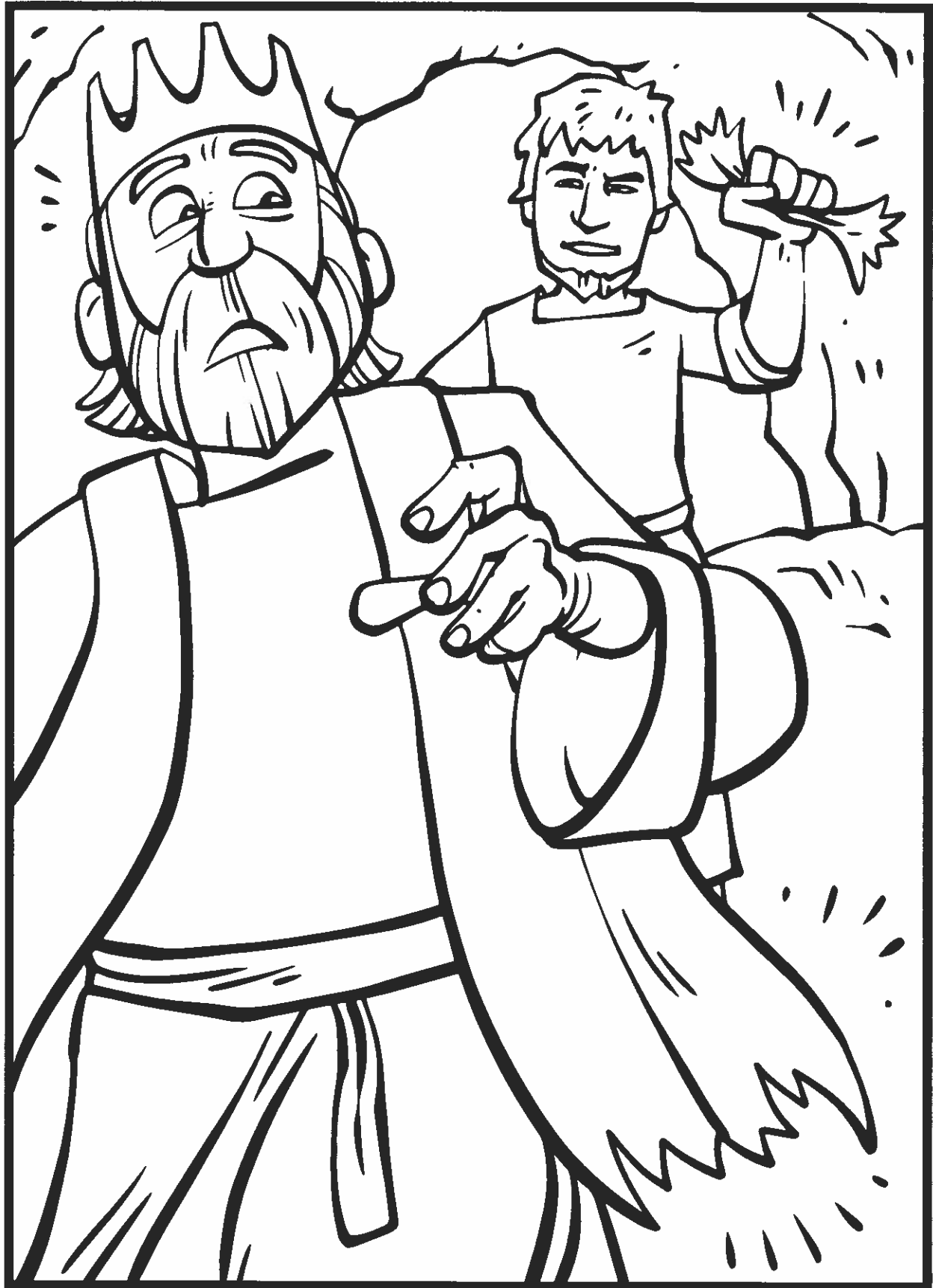
Just like praying before you speak, pray before you act. When you are about to do something for someone else, pause and ask God to be with you. You can pray your own prayer or pray the prayer below.

~~~~~  
 "Dear God, before I go into this day, I ask You to be with me. Please help me to act with self-control today. I pray that my self-control will help me do and say the right things."  
 ~~~~~

**THANK** God for being a helper when we need self-control.



Think before you act.



# WHO WANTS TO BE KING?

1) Who was the king of Israel in our story today?

- A. **King Saul**
- B. King Solomon
- C. King Tut
- D. Burger King

2) When King Saul didn't follow God, who did the prophet Samuel anoint to be the next king?

- A. Daniel
- B. Donatello
- C. **David**
- D. Deborah

3) What did King Saul do when he became jealous of David for everyone celebrating him and being popular?

- A. send David to the North Pole
- B. make David king
- C. **tried to kill David**
- D. give David a better position in his army

4) Where did King Saul chase David with 3,000 of his best soldiers after David escaped with a group of men?

- A. the ocean
- B. **the desert (or wilderness)**
- C. the jungle
- D. the wetlands

5) Where did King Saul go when he needed a place for privacy?

- A. a meadow
- B. a tent
- C. a palace
- D. **a cave**

6) Which item of King Saul's did David cut a corner from when he realized they were in the same place?

- A. his sock
- B. **his robe**
- C. his hat
- D. his shirt

7) What did David say after he felt sorry? Finish the phrase: "King Saul! . . . Why do you listen when men say, 'David is trying to harm you'? . . . Look at this piece of your robe in my hand! I cut off the corner of your robe. But I \_\_\_\_\_." —1 Samuel 24:8-11, NIV

- A. **didn't kill you**
- B. didn't take your crown
- C. didn't steal your shoes
- D. didn't eat your food

8) When King Saul realized that David treated him well, who did he ask David not to harm once David was king?

- A. the soldiers
- B. his dog
- C. his subjects
- D. **his family**



**What to Do:**  
Print on cardstock, one for each kid.

**"Memory Verse" Activity Page, NIRV**  
October 2024, Week 3, Small Group K-1  
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Your sister takes the toy you were playing with after school.

- A. You take a second to ask God for help with your anger before kindly asking for it back.
- B. Full of frustration, you go take some of her toys to play with.

Your parent says you can't play with your friends outside until your homework is done.

- A. While doing your homework, you take some time to talk about your feelings with God.
- B. You rush through your homework for a few minutes, then run outside before it's really done.

Your teacher gives you a bad grade on your science project when you think you deserved better.

- A. Without taking time to think about your words, you march up to your teacher and tell why you deserved better.
- B. You take the time to talk to a trusted adult about how you could form some good words to politely ask your teacher about the grade.

Your parent blamed you for something your brother did.

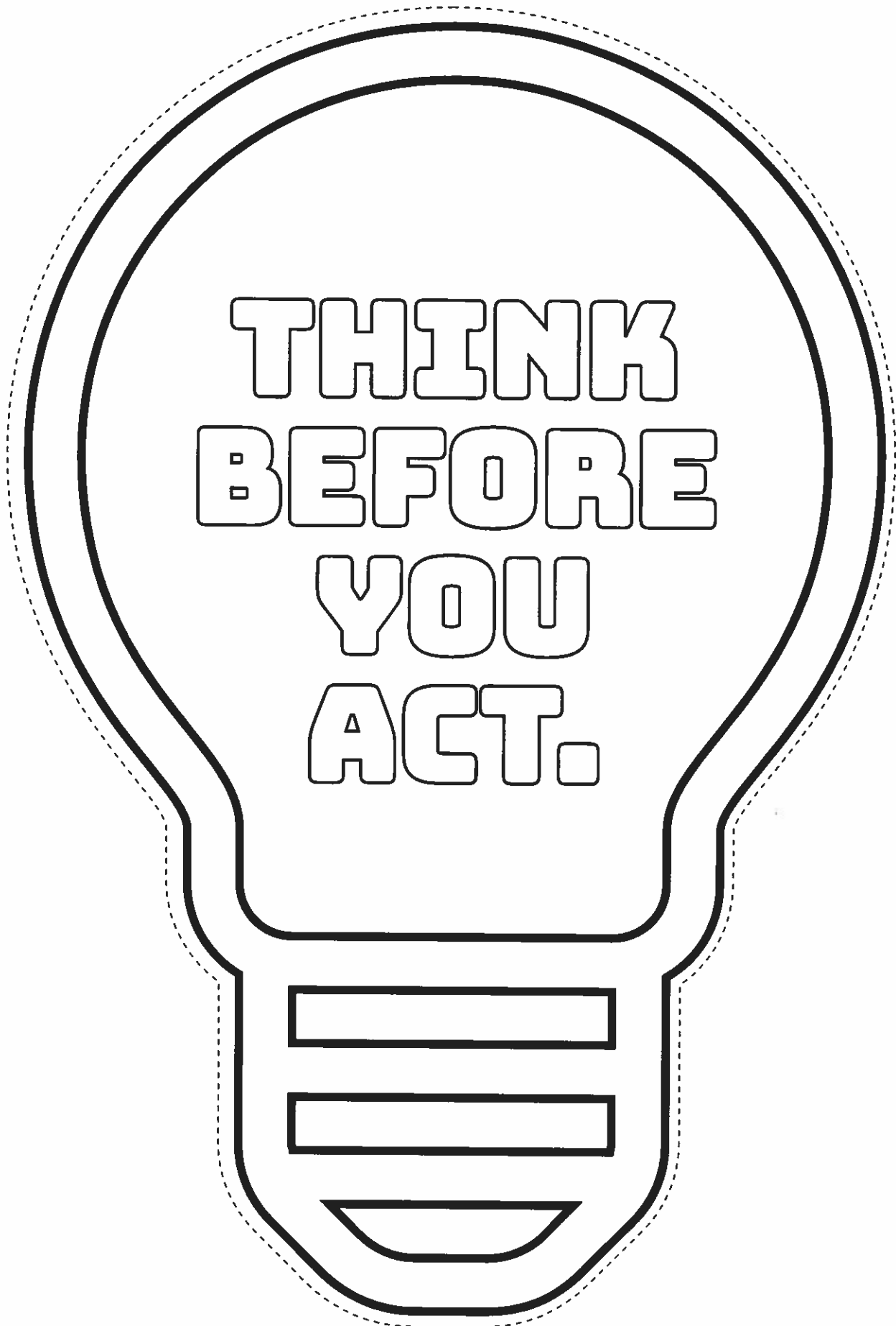
- A. You yell that it was your brother's fault.
- B. You take a deep breath, then tell the truth about what happened.

Someone who you thought was a good friend didn't invite you to their birthday party.

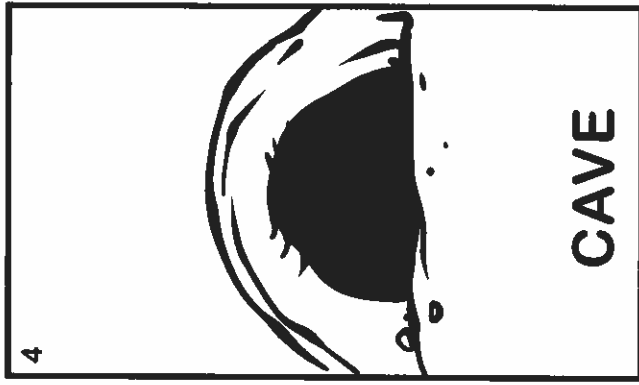
- A. You march right up to them and tell them you didn't want to go to their party anyway.
- B. You talk about your hurt feelings with your parents and God before asking your friend about the party.

Your friend is getting picked on and you see they need help.

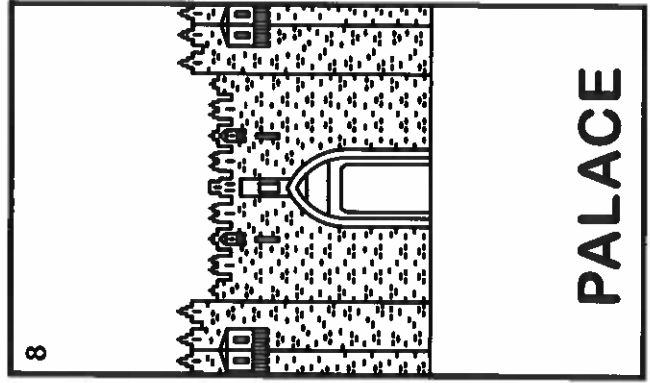
- A. You get a grown-up to help with the situation.
- B. You say mean things to upset the other kid who is picking on your friend.



**What to Do:**  
Print on paper, one for each kid.



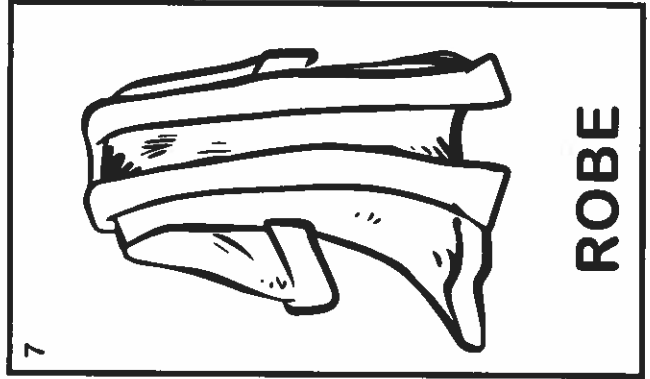
CAVE



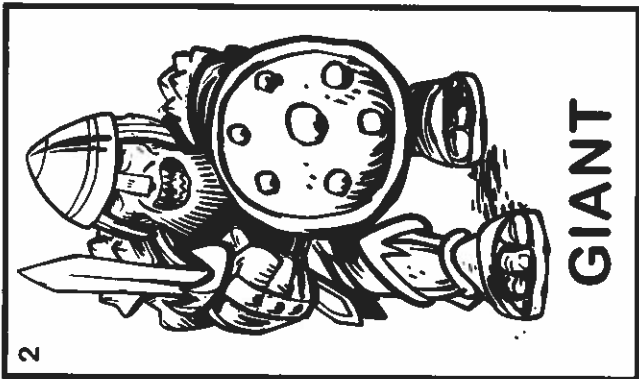
PALACE



SOLDIERS



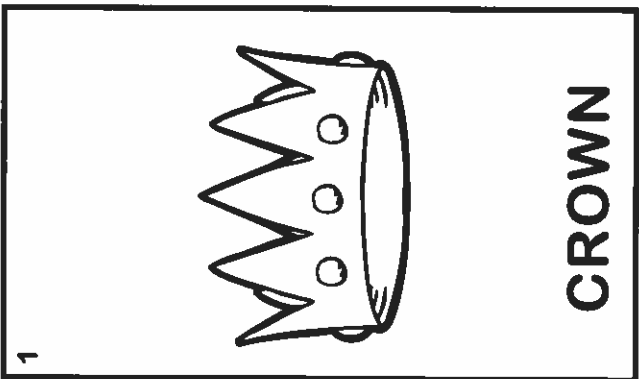
ROBE



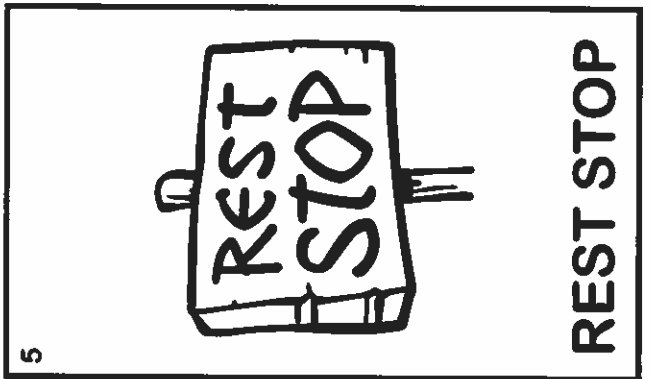
GIANT



DARK



CROWN



REST STOP

**What to Do:**  
Print on cardstock and cut apart, one set for each Small Group.