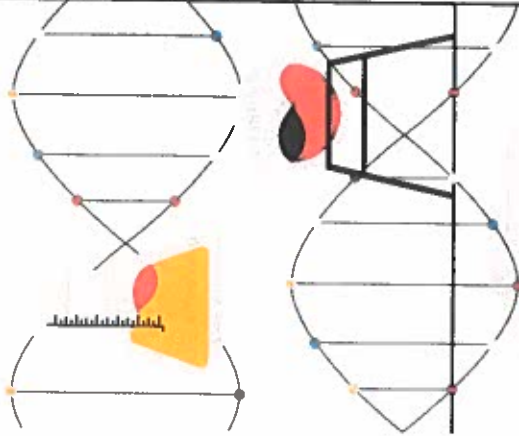


Made: Discover who you're meant to be

Uniqueness is learning more about yourself so you can make a difference.



MEMORY VERSE

How you made me is amazing and wonderful. I praise you for that. What you have done is wonderful. I know that very well.
Psalm 139:14, NIV

Talk About the Bible Story

Open the Bible together and read Psalm 139:1-14 (supporting: Genesis 1:26-28, Ephesians 2:10) or watch the video together on the Parent Cue app.

Engagement Questions

- How would you describe yourself?
- Why do you think God chose to make each of us unique?
- What are some benefits of being different from others?

Faith and Character Activity

Scan the QR code below for activities to guide kids at every phase to trust Jesus in a way that changes how they see God, themselves, and the rest of the world.



Scan the QR code to get started

Prayer

"Dear God, thank You for the amazing way You made all of us. We're so grateful for our differences and similarities. You know everything about us and You love us! This week, help us discover more about how You made us unique. We love You, and we pray these things in Jesus' name. Amen."

Weekly Parent Cues



Preteen

ENGAGE IN EVERYDAY MOMENTS TOGETHER



Morning Time

As your kid starts their day, tell them something about how they are made that you love (their smile, their laugh, how they see others, etc.).



Meal Time

At a meal this week, have everyone at the table answer this question: "How would you describe yourself?"



Drive Time

While on the go, ask your kid: "Think of someone you know. What do you like about the way God made them?"



Bed Time

Pray for each other: "God, thank You that You made us, love us, and know us. Remind us of that when we feel differently."

More Ways to Engage with Your Kid

Faith & Character Activities



Worship Song of the Month



Download the Parent Cue app

AVAILABLE FOR APPLE AND ANDROID DEVICES



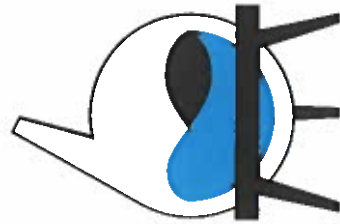
Day 2

Read Psalm 139:1-6,13-14

Read the passage from Psalms and try to fill in the blanks as best you can. Then check your answers against the Bible (or with the answers below).

God knows what's in your _____
God knows when you sit _____
and get _____
God knows when you go to _____
and go _____
God knows your _____
before you speak them
God _____ the deepest
parts of you
God made you _____
and _____

What an encouraging passage this is! **God made you, knows you, and loves you.** It should make you feel loved from your head to your toes to know that God loves you this much!



© 2013 by Thomas Nelson Publishers
All rights reserved.

Day 4

Find a friend with whom you can share Psalm 139:1-14.

Maybe it's a younger friend or sibling or someone you know who struggles to believe good things about themselves. Invite them to join you for a snack and chat. Start out the conversation with each of you sharing your answer to this question:

How would you describe yourself?
Next, read the verses out loud and take a few minutes to talk about them together. Here are some thoughts and questions to get you started:

How does it make you feel to know that God knows everything about you?
If you feel safe to do so, share with each other something about you that makes you feel different from others. Then take turns reminding each other that God knew you before you were even born. God created you—every bit of you. And God says you're amazing and wonderful!

Now that you've focused on what God thinks about you, would you answer the bolded question above any differently? If so, share that answer with each other.



Day 5

No matter how much confidence you have, you likely have days that you feel self-conscious... you know, days when you want to keep your head down and hope no one notices you.

It's totally normal to feel that way sometimes!

But what God says about you is different. God spoke through the writer of Psalms to let you know that God made you **AMAZING**. And **WONDERFUL!**

How you made me is amazing and wonderful. I praise you for that. Psalm 139:14a

Think of five places you can put this verse to remind you of this important truth. Here are some ideas to get you started. You can use these or think of your own.

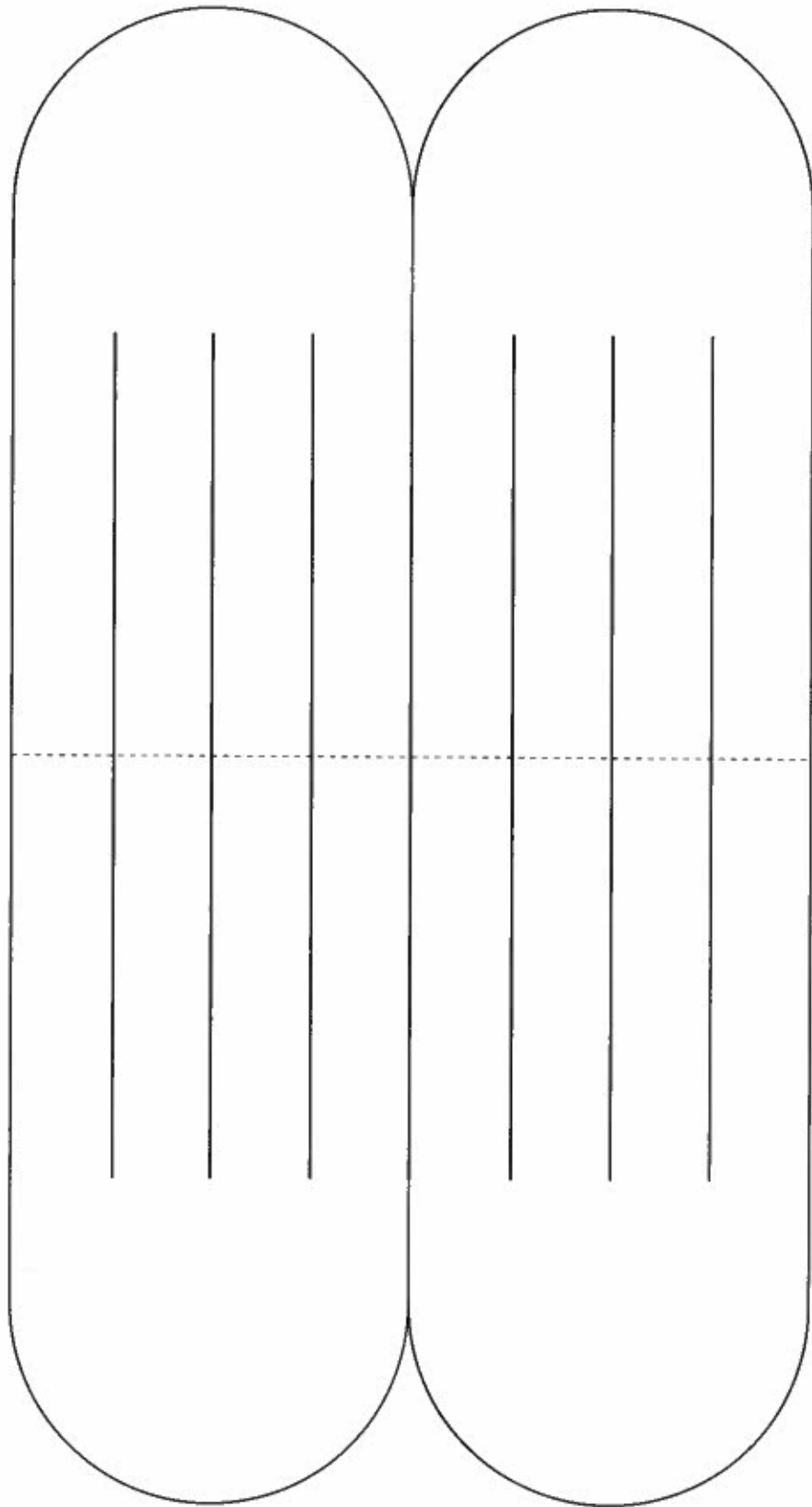
1. Dry erase marker on bathroom mirror
2. Sticky note in the car
3. Write inside notebook
4. Index card or note card on the fridge
5. Lock screen on your device

Wherever you choose to put the verse, make sure it's somewhere you will see it often to remind you of this encouraging verse. How God made you is amazing and wonderful!

CREATE a CRITTER

5 th Roll	4 th Roll	3 rd Roll	2 nd Roll	1 st Roll
BODY	FEET	EARS	MOUTH	EYES

What to Do:
Print on paper, one for every kid.



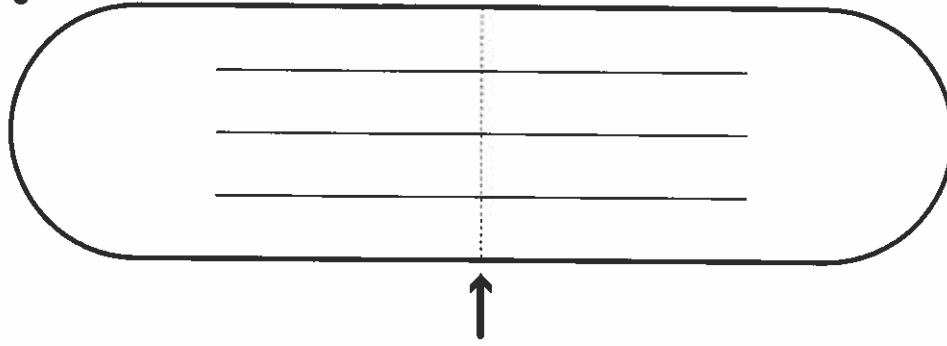
What to Do:

Print on various colors of cardstock paper and cut apart, two different colored shapes for every kid.

"Woven Heart" Activity Page

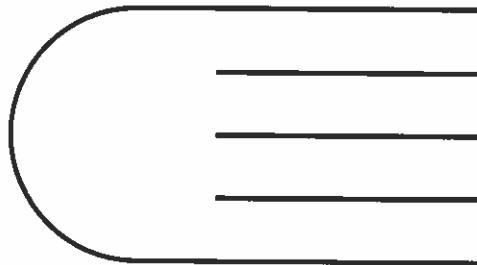
February 2025, Week 1, Preteen Small Group
©2024 The reThink Group, Inc. All rights reserved.

1



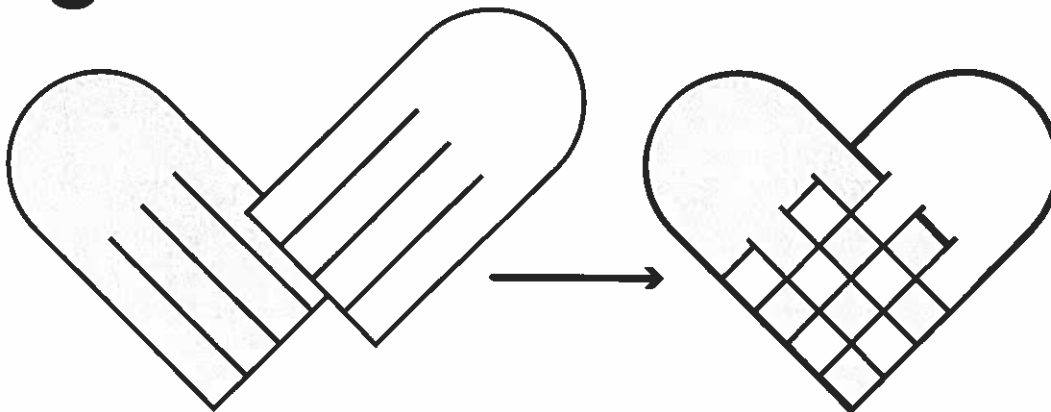
**Fold both pattern pieces
in half along the dotted line.**

2



← **While folded, cut
← along the three
← inner lines.**

3



**Weave the two pieces together
to form a heart shape.**