

# WEEK 1

## GROW AT HOME



Hey families! Here's a look at what we're covering with your kids so you can help them continue to grow at home during the week.

### GROW AT HOME THIS WEEK

#### THIS WEEK

This week, kids will hear about the time **Jesus visited Mary and Martha's home**.

- **BIG IDEA:** We can spend time with God.
- **BIBLE:** Luke 10:38–42

#### ASK THIS

Because sometimes you and your kid need a conversation-starter that isn't, "So . . . how was church?"

- **Why do you think Jesus was happy with how Mary spent her time?**
- **What's one way you could spend more time with God this week?**

#### REMEMBER THIS

This month, your kids are memorizing the Bible verse **Psalm 119:105 (NIV)**, in case you want to work on them together.

#### NEXT WEEK

Next week, kids will hear about the time a **group of people helped their paralyzed friend** get to Jesus.

**MEMORY VERSE:** "Your word is a lamp for my feet, a light on my path."

— Psalm 119:105 (NIV)



# WEEK 1

## SMALL GROUP GUIDE



### BIG IDEA

We can spend time with God.

### BIBLE

**Jesus Visits Mary and Martha:**  
Luke 10:38-42; Colossians 4:2-6

## ABOUT THIS WEEK

Before every mission in space, the crew spends a lot of time together to train, build friendships, and focus on the mission. This week, we'll take a look at the time Jesus visited Mary and Martha's home for a meal. Instead of squeezing in time with Jesus once things settled down, Mary chose to focus on what was important and sit with Jesus, showing us how **we can spend time with God.**

### QUESTIONS

- **Who were the two sisters in today's story?** *Mary and Martha.*
- **Why was Martha upset with Mary?** *Mary wasn't helping her with the preparations.*
- **Why do you think Jesus was happy with how Mary spent her time?** *Mary chose to be near Jesus and listen to his words.*
- **Read Colossians 4:2. What does it look like to be "devoted to prayer"?**
- **What do you think it means to spend time with God?**
- **Can you name some things that distract you from spending time with God?**
- **What's one way you could spend more time with God this week?**

### ACTIVITY

*Give every kid a My Day With God printable and markers or crayons. Have them color and write some ways to spend time with God in each scene. Afterward, have them cut each image and description out and arrange them around the outer rim of a paper plate and glue or tape them on. Have them make an arrow out of construction paper and attach it to the center of the plate using a brass fastener.*

Spending time with God doesn't have to be at one special time each day. **We can spend time with God** all day, even doing other things.

**How can you spend time with God in each of these events?**

**MEMORY VERSE:** "Your word is a lamp for my feet, a light on my path." — Psalm 119:105 (NIV)





**BIG IDEA:** We can spend time with God.

**BIBLE: Jesus Visits Mary and Martha:** Luke 10:38-42; Colossians 4:2-6

# LAUNCH YOUR FAITH: SPEND TIME WITH GOD

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

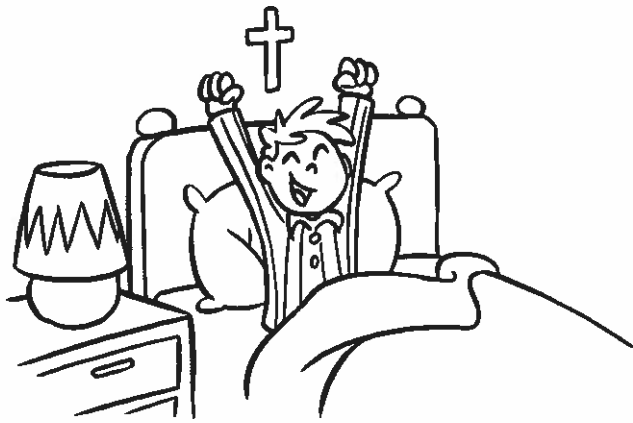
FRIDAY

SATURDAY

A black and white line drawing of a rocket ship launching from a city. The rocket is angled upwards, with a large plume of fire and smoke coming out of its base. The city is represented by a few simple buildings at the bottom right. A large, stylized speech bubble or thought bubble contains the text of the verse. The text is in a bold, outlined font.

"YOUR WORD  
IS A LAMP  
FOR MY FEET,  
A LIGHT ON  
MY PATH."

PSALM 119:105 (NIV)



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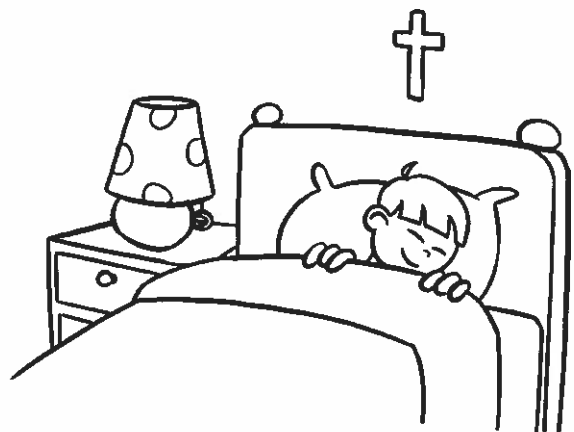


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# DEVOTIONAL

for parents



If you're a grown-up and you've been following Jesus for a while, you've probably figured out a few ways to grow spiritually. The kids you're parenting or leading, on the other hand, aren't grown-ups, so they might need a little help from you to figure out how, exactly, to grow spiritually. So what should spiritual growth look like for a kid? We like to think about it in terms of four spiritual habits. To help a kid grow spiritually, teach them to **spend time with God**, **spend time with others**, **use their gifts**, and **share their story**.

Want to learn and grow alongside your kid as we go through this teaching series? You can! Spend a few minutes each week **studying** the passages of Scripture we'll be teaching, **praying** about what God wants to do in you and in your family, and **growing** by putting God's words into practice in your own life.

## WEEK 1

We can spend time with God.  
Luke 10:38–42; Colossians 4:2

### STUDY

Take a moment to read the passages of Scripture we'll be covering this week. **What stands out to you and why?**

### PRAY

This week, start and end your day with prayer. In the morning, ask for gentle reminders of God's love. In the evening, thank God for your experiences through the day.

### GROW

**So what's your next step?** Do you need to commit to some new habits? Do you need to ask someone to help you spend time with God? Whatever your next step is right now, take it.

## WEEK 2

People can help our faith grow.  
Mark 2:1–12; Galatians 5:2

### STUDY

Take a moment to read the passages of Scripture we'll be covering this week. **What stands out to you and why?**

### PRAY

This week, reflect on your relationships. Pray and ask God for ways you can inspire the people around you to grow closer to God.

### GROW

**So what's your next step?** Maybe you need to tell someone about the good news of Jesus. Maybe you can be a more present friend. Maybe you can make a plan to hang out with your friends. Whatever your next step is right now, take it.

## WEEK 3

We can serve others.

John 13:1–17, 34–35; Romans 12:3–8



### STUDY

Take a moment to read the passages of Scripture we'll be covering this week. **What stands out to you and why?**



### PRAY

Each of us has been given different gifts and abilities from God. This week, spend some time thanking God for the gifts you've been given.



### GROW

**So what's your next step?** Do you need to make a list of your gifts? Do you need to brainstorm some ways to serve with people you trust? Do you need to say "yes" to a ministry or event at your church? Whatever your next step is right now, take it.

## WEEK 4

We can share God's story.

Acts 16:16–34; 1 John 3:18



### STUDY

Take a moment to read the passages of Scripture we'll be covering this week. **What stands out to you and why?**



### PRAY

Sharing your story can feel uncomfortable at times. This week, pray and ask God for boldness and to help you work through any feelings of discomfort you may have.



### GROW

**So what's your next step?** Maybe you need to practice sharing your story with a close friend. Maybe you can capture your story in writing. Maybe you can ask someone to share their story with you. Whatever your next step is right now, take it.